

# The " Sunday Times " Vitality Cookbook By Susan Clark

**By Susan Clark**

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Learn the basics of a delicious diet for life: discover how to boost immunity, promote a healthy heart and build strength and stamina. The Sunday Times Style s

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Susan Clark was voted Health Journalist of the Year 2000 and was headhunted by the Sunday Times and invited to The Vitality Cookbook and Books by Susan Clark.

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Susan Clark is on Facebook. Susan Tschiggfrey Clark. Susan David. Susan Mary Beecher Clark. Susan Clark Thayer. Susan Clark. Susan Clark. Others With a Similar Name.

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award-winning Sunday Times journalist and one of Britains leading health writers Susan Clark draws upon her What Really Works for Kids is the

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SUSAN CLARK is health editor at the Sunday Times, and author of the 'What's the Alternative?' column.

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The Sunday Times is the largest-selling British national "quality" Sunday newspaper. It is published by Times Newspapers Ltd, a subsidiary of News UK, which is in

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